



Nutrition Analysis

Organic Nu-BIND®

Amounts per 100g

BASIC COMPONENTS	AMOUNT
Calories (USA)	231
Calories (non-USA)	
Total Fat	0.5g
Saturated Fat	1.01g
Monounsaturated Fat	g
Polyunsaturated Fat	g
Trans Fat	0g
Cholesterol	0mg
Total Carbohydrates	87.6g
Total Dietary Fiber	34g
Soluble Fiber	56g
Insoluble Fiber	3.7g
Total Sugars	4.6g
Monosaccharides	
Galactose	g
Glucose	g
Fructose	g
Disaccharides	
Lactose	0g
Sucrose	g
Maltose	g
Added Sugars	0g
Other Carbs	g
Protein	2.4g
Ash	1.5g
Water	10.6g
VITAMINS	
Vitamin A	mcg
A-Beta Carotene	mcg
A-Carotenoid	mcg
A-Retinol	mcg
Thiamine - B1	mg
Riboflavin - B2	mg
Niacin - B3	mg
Niacin Equiv	
Vitamin B6	mg
Vitamin B12	mcg
Biotin - B7	mcg
Vitamin C	mg
Vitamin D	10mcg
Vitamin E	mg
Folate	mcg
Vitamin K	mcg

MINERALS	AMOUNT
Boron	
Calcium	386mg
Chloride	
Chromium	
Copper	mcg
Fluoride	
Iodine	mcg
Iron	0.5mg
Magnesium	mg
Manganese	mg
Molybdenum	
Phosphorus	mg
Potassium	237mg
Selenium	
Sodium	34mg
Zinc	mg
SATURATED FAT	% of Fat
4:0 - Butyric	
6:0 - Caprioc	
8:0 - Caprylic	
10:0 - Capric	
12:0 - Lauric	
15:0 - Pentadecanoic	
16:0 - Palmitic	
17:0 - Margaric	
18:0 - Stearic	
20:0 - Arachidic	
22:0 - Behenate	
24:0 - Lignoceric	
MONOUNSATURATED FATS	
14:1 - Myristol	
15:1 - Pentadecenoic	
16:1 - Palmitol	
17:1 - Heptadecenoic	
18:1 - Oleic	
20:1 - Eicosen	
22:1 - Erucic	
24:1 - Nervonic	

POLYUNSATURATED FAT	AMOUNT
18:2 - Linoleic	
18:3 - Linolenic	
18:4 - Stearidon	
20:3 - Eicosatrienoic	
20:4 - Arachidon	
20:5 - EPA	
22:5 - DPA	
22:6 - DHA	
OTHER FATS	
Omega 3 Fatty Acids	
Omega 6 Fatty Acids	
AMINO ACIDS	% of Protein
Alanine	
Arginine	
Aspartate	
Cystine	
Glutamate	
Glycine	
Histidine	
Isoleucine	
Leucine	
Lysine	
Phenylalanine	
Proline	
Serine	
Threonine	
Tryptophan	
Tyrosine	
Valine	
OTHER	
Alcohol	0
Caffeine	0
Artificial Sweetener	0
Aspartame	
Saccharin	
Sugar Alcohol	N/T
Glycerol	
Inositol	
Mannitol	
Sorbitol	
Xylitol	
Acetic Acid	
Citric Acid	
Lactic Acid	
Malic Acid	
Choline (chloride)	
Taurine	

